

Grass & Hays



Hays & grasses should make up 80% of your pigs diet. Hay is important for general digestion & teeth condition.

Meadow or timothy hay is long & stalky & perfect for piggies. Hay should be fresh and sweet smelling, if it smells musty or damp throw it away!

Orchard, Barley & Oat hay are all ideal treat hays as is Just Grass or Readigrass (a favourite here).

An all-time favourite & fantastic food source is fresh grass. In Spring grass is very lush & should be introduced carefully to your guinea pig as too much can cause upset tummies.

Before feeding any new foods to your guinea pigs please check they are piggy safe. Offer in small quantities to make sure they don't upset your piggy. Foraging is great fun but please take care, my motto is 'if in doubt leave it out'. You can get some great little identification books & photographs are always available on the internet – why not print some out & make your own little booklet.

Dangerous Foods – Do NOT feed

- Avocado
- Coconut
- Garlic or onions
- Hot peppers, chillies or spices
- Milk / dairy products
- Mushrooms
- Nuts / seeds
- Potatoes
- Tomato leaves & stalks
- Any foods designed for humans!

Contact Details

Sandra@holidayhutches.co.uk

www.eastpeckhamguineapigrescue.weebly.com

www.holidayhutches.co.uk

FOOD

East Peckham Guinea Pig Rescue



East Peckham Guinea Pig
Rescue in a home based,
independent rescue based in
West Kent

Safe Fresh Foods

Guinea pigs need fresh food daily, about 1 cupful per pig either fed in one sitting or split throughout the day

- Artichokes (Jerusalem)
- Bell peppers, deseeded (any colour, high in Vit C)
- Beetroot (raw not cooked and no leaves as these are toxic to pigs)
- Broccoli (especially stalks)
- Brussel sprouts
- Cauliflower (leaves & stalks)
- Cabbage
- Carrots & carrot tops
- Celery (stalks & leaves)
- Chard
- Chicory
- Corn on the cob (with silks) & baby corn
- Cos lettuce
- Courgette
- Curly/plain kale (high Vit C)
- Fennel
- Green/dward beans
- Pak choi
- Parsnips
- Peas (in pods)
- Rocket
- Romaine lettuce (high Vit C)
- Spinach (in moderation)
- Spring greens
- Sweet or little gem lettuce
- Tomatoes
- Watercress

Safe Herbs & Forage

- Basil
- Blackberry leaves (when young)
- Cleavers (sticky weed)
- Clover
- Coriander
- Dandelion (leaves & flowers)
- Dill
- Hawthorn leaves (no thorns)
- Mint
- Pansy (flower & leaves)
- Parsley (flat & curly)
- Plantain (thin and greater)
- Raspberry leaves (when young)
- Rose petals/leaves (from the garden)

The majority of the above dry really well & throughout the summer I build up a stock for the winter months when they aren't readily available.

Safe Fruit (fed in moderation)

- Apples (small pieces in moderation)
- Banana/skins (in moderation can cause constipation)
- Blackberries
- Blueberries
- Cranberries
- Grapes (seedless)
- Kiwi (high in Vit C)
- Mango
- Melon (incl skin but not seeds)
- Orange
- Peach
- Pear
- Raspberries (as a treat)
- Strawberries (as a treat)

Dry Food

There are two main types of dry food specifically for guinea pigs, nuggets or muesli, which will have all the vitamins & minerals in it that your pigs will need. Here at the Rescue we opt to feed Burgess Excel nuggets, it's a complete food which means piggies can't just select their favourite bits! An adult pig only needs a small handful of dry food daily.

If you want to give your pigs a 'treat' try buying some specialist dried herbs or grasses, we don't recommend feeding commercial treats that you can buy in pet shops, as they are full of sugars.

